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## DECEMBER 2018

### Residential Sales by Price (Year To Date)

Price Range	2018	2017
280,000 to 319,000	13	20
320,000 to 359,000	25	39
360,000 to 399,000	17	53
400,000 to 439,000	44	115
440,000 to 479,000	98	169
480,000 to 519,000	144	207
520,000 to 559,000	152	244
560,000 to 599,000	200	251
600,000 to 699,000	505	542
700,000 to 799,000	355	355
800,000 to 899,000	181	189
900,000 to 999,000	112	99
1 million and over	178	208

### Real Estate Stats Last Month

Average house price	\$650,785	\$674,624
Median house price	\$625,000	\$610,000
Average Mobile Home price	\$149,532	\$171,053
Houses listed	242	270

### Residential Sales (Year To Date)

Type	2018	2017
Acreage/House	87	129
Townhouse	659	903
Condo	1,269	1,533
Lots	200	469
Mobile Homes	220	245
Residential	2,036	2,516
Residential (Waterfront)	40	37
<b>TOTAL</b>	<b>4511</b>	<b>5832</b>

### Active Listings

Res	Mobiles	Strata	Lots
950	91	842	423

Okanagan Mainline Real Estate Board Stats



# the real estate Report

## THE BEST WAY TO INCREASE HOLIDAY CHEER

*Fight the holiday blues with small changes to your home environment*

Not everyone loves the holidays. They can be a lonely time or sad reminder that feel like a mountain to climb. And even for those who feel that it is the most wonderful time of the year, mental health issues can take a bite out of their tidings of comfort and joy. Here are some proven changes that you can make to your home that will give you the boost you need this holiday:

### Season of Light

Experts agree that natural light is very important to mood. One of the easiest ways to brighten your outlook is to do the same in your home. Open the curtains and allow the sunlight to come in. During the times where clouds rule the valley, consider supplementing with light therapy boxes.

### Inspired Thinking

Shifting your thinking can be a very effective way to fight the blues. Choose some inspirational quotes that you enjoy and print them large in your favourite font to post around your place. When

you feel stuck or in a slide, try replacing negative thoughts by meditating on these reminders. For an added bonus, turn it into a creative project and make framed art with the quotes. Creativity is also an important mood booster.

### Clear Your Mind

Accentuating clean lines and smooth curves is another mental health trick. Experts say that a clutter-free environment with nothing to catch your peripheral vision will help you to rest and relax.

### All the Smells

Scent is one of the strongest senses connected to memory and emotion. Take advantage by filling your home with smells that connect you to positivity. Some ideas include lavender for relaxation, orange or lemon for energy, and basil or mint to improve your mood. Candles, oils or spices and cut fruit from your kitchen all work admirably.